

Virginia • ALICE State and County Household Budgets 2022

Traditional economic measures underestimate the actual cost of basics. To better capture the reality of household costs in each Virginia county, United For ALICE provides budgets that are tailored by location and household type.

These budgets include **housing, child care, food, transportation, health care, and technology, plus taxes** and a 10% **miscellaneous** category.

The ALICE Household Survival Budget

The Household Survival Budget reflects the minimum cost to live and work in the current economy. This budget is the basis for determining whether households are above or below the ALICE Threshold by region.

In 2022, household costs in every county in Virginia were well above the Federal Poverty Level of \$13,590 for a single adult and \$27,750 for a family of four.

Survival Budget Expenses Differ by Household Type and Location

Monthly Costs and Credits	Single Adult	One Adult, One Child	One Adult, One In Child Care	Two Adults	Two Adults Two Children	Two Adults, Two In Child Care	Single Senior	Two Seniors
Housing - Rent	\$590	\$501	\$501	\$501	\$638	\$638	\$590	\$501
Housing - Utilities	\$163	\$258	\$258	\$258	\$310	\$310	\$163	\$258
Child Care	\$0	\$414	\$1,104	\$0	\$828	\$2,208	\$0	\$0
Food	\$455	\$772	\$693	\$834	\$1,404	\$1,240	\$420	\$770
Transportation	\$397	\$531	\$531	\$638	\$1,048	\$1,048	\$333	\$510
Health Care	\$194	\$455	\$455	\$455	\$759	\$759	\$529	\$1,058
Technology	\$86	\$86	\$86	\$116	\$116	\$116	\$86	\$116
Miscellaneous	\$189	\$302	\$363	\$280	\$510	\$632	\$212	\$321
Tax Payments	\$341	\$757	\$928	\$448	\$1,077	\$1,417	\$408	\$712
Tax Credits	\$0	(\$217)	(\$217)	\$0	(\$433)	(\$433)	\$0	\$0
Monthly Total	\$2,415	\$3,859	\$4,702	\$3,530	\$6,257	\$7,935	\$2,741	\$4,246
ANNUAL TOTAL	\$28,980	\$46,308	\$56,424	\$42,360	\$75,084	\$95,220	\$32,892	\$50,952
Hourly Wage	\$14.49	\$23.15	\$28.21	\$21.18	\$37.54	\$47.61	\$16.45	\$25.48



The ALICE Stability Budget is Even Further Out of Reach

The ALICE Stability Budget incorporates the higher costs for maintaining a more financially stable household over time, including a 10% savings category that can be used in an emergency, for additional education, or to buy a home.

Monthly Costs and Credits	Single Adult	Two Adults	Two Adults Two Children	Two Adults, Two In Child Care
Housing - Rent	\$784	\$927	\$1,220	\$1,220
Housing - Utilities	\$163	\$258	\$310	\$310
Child Care	\$0	\$0	\$656	\$2,333
Food	\$684	\$1,271	\$2,317	\$1,958
Transportation	\$920	\$1,195	\$1,678	\$1,678
Health Care	\$212	\$491	\$829	\$829
Technology	\$86	\$116	\$116	\$116
Miscellaneous	\$285	\$426	\$713	\$844
Savings	\$285	\$426	\$713	\$844
Tax Payments	\$611	\$840	\$1,642	\$2,055
Tax Credits	\$0	\$0	(\$433)	(\$433)
Monthly Total	\$4,030	\$5,950	\$9,761	\$11,754
ANNUAL TOTAL	\$48,360	\$71,400	\$117,132	\$141,048
Hourly Wage	\$24.18	\$35.70	\$58.57	\$70.52



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