Virginia • ALICE State and County Household Budgets 2022

Traditional economic measures underestimate the actual cost of basics. To better capture the reality of household costs in each Virginia county, United For ALICE provides budgets that are tailored by location and household type.

These budgets include housing, child care, food, transportation, health care, and technology, plus taxes and a 10% miscellaneous category.

The ALICE Household Survival Budget

The Household Survival Budget reflects the minimum cost to live and work in the current economy. This budget is the basis for determining whether households are above or below the ALICE Threshold by region.

In 2022, household costs in every county in Virginia were well above the Federal Poverty Level of \$13,590 for a single adult and \$27,750 for a family of four.

Survival Budget Expenses Differ by Household Type and Location

Monthly Costs and Credits	Single Adult	One Adult, One Child	One Adult, One In Child Care	Two Adults	Two Adults Two Children	Two Adults, Two In Child Care	Single Senior	Two Seniors
Housing - Rent	\$566	\$476	\$476	\$476	\$607	\$607	\$566	\$476
Housing - Utilities	\$163	\$258	\$258	\$258	\$310	\$310	\$163	\$258
Child Care	\$0	\$414	\$1,104	\$0	\$828	\$2,208	\$0	\$0
Food	\$442	\$749	\$672	\$810	\$1,363	\$1,204	\$408	\$748
Transportation	\$397	\$531	\$531	\$638	\$1,048	\$1,048	\$333	\$510
Health Care	\$194	\$455	\$455	\$455	\$759	\$759	\$544	\$1,089
Technology	\$86	\$86	\$86	\$116	\$116	\$116	\$86	\$116
Miscellaneous	\$185	\$297	\$358	\$275	\$503	\$625	\$210	\$320
Tax Payments	\$331	\$744	\$916	\$435	\$1,057	\$1,398	\$402	\$708
Tax Credits	\$0	(\$217)	(\$217)	\$0	(\$433)	(\$433)	\$0	\$0
Monthly Total	\$2,364	\$3,793	\$4,639	\$3,463	\$6,158	\$7,842	\$2,712	\$4,225
ANNUAL TOTAL	\$28,368	\$45,516	\$55,668	\$41,556	\$73,896	\$94,104	\$32,544	\$50,700
Hourly Wage	\$14.18	\$22.76	\$27.83	\$20.78	\$36.95	\$47.05	\$16.27	\$25.35

By securing racial and economic equity for ALICE we can improve life for all.



The ALICE Stability Budget is Even Further Out of Reach

The ALICE Stability Budget incorporates the higher costs for maintaining a more financially stable household over time, including a 10% savings category that can be used in an emergency, for additional education, or to buy a home.

Monthly Costs and Credits	Single Adult	Two Adults	Two Adults Two Children	Two Adults, Two In Child Care
Housing - Rent	\$754	\$889	\$1,198	\$1,198
Housing - Utilities	\$163	\$258	\$310	\$310
Child Care	\$0	\$0	\$656	\$2,333
Food	\$667	\$1,240	\$2,262	\$1,914
Transportation	\$920	\$1,195	\$1,678	\$1,678
Health Care	\$212	\$491	\$829	\$829
Technology	\$86	\$116	\$116	\$116
Miscellaneous	\$280	\$419	\$705	\$838
Savings	\$280	\$419	\$705	\$838
Tax Payments	\$598	\$821	\$1,621	\$2,029
Tax Credits	\$0	\$0	(\$433)	(\$433)
Monthly Total	\$3,960	\$5,848	\$9,647	\$11,650
ANNUAL TOTAL	\$47,520	\$70,176	\$115,764	\$139,800
Hourly Wage	\$23.76	\$35.09	\$57.88	\$69.90



State Sponsors











